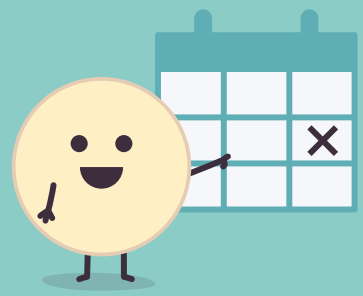


# How to avoid getting Cervical Cancer

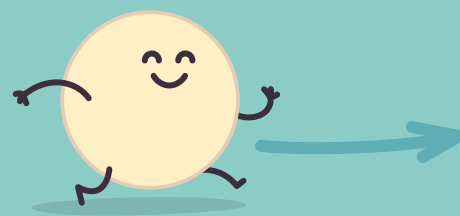
1

**Schedule a well  
woman exam**



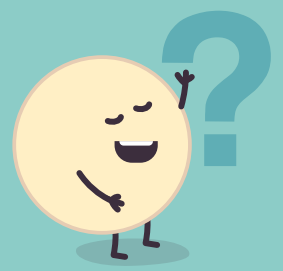
2

**Go to it**



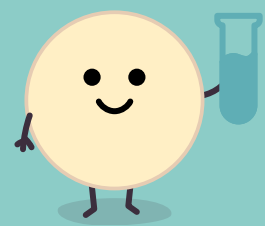
3

**Ask if you need a Pap  
and/or HPV test**



4

**Get one if you do**



5

**Show up to  
secondary screening  
if necessary**



6

**Treat any  
problem areas**



7

**Go home**



8

**Repeat as  
recommended by your  
healthcare provider**

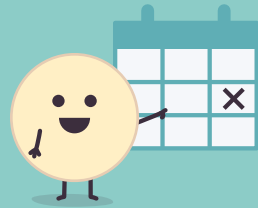


## Spoiler alert

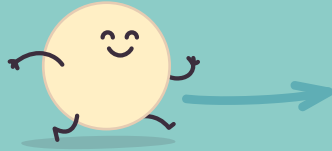
It's probably a well-woman exam every year, Pap/HPV testing every 3-5 years, unless the results come back positive when you might need to come back in a year.

# How to avoid getting Cervical Cancer

**1** Schedule a well woman exam



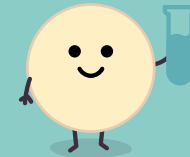
**2** Go to it



**3** Ask if you need a Pap and/or HPV test



**4** Get one if you do



**5** Show up to secondary screening if necessary



**6** Treat any problem areas



**7** Go home



**8** Repeat as recommended by your healthcare provider

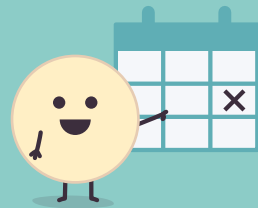


## Spoiler alert

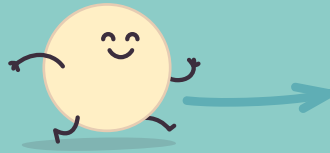
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# How to avoid getting Cervical Cancer

**1** Schedule a well woman exam



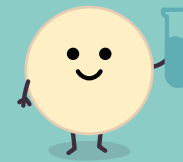
**2** Go to it



**3** Ask if you need a Pap and/or HPV test



**4** Get one if you do



**5** Show up to secondary screening if necessary



**6** Treat any problem areas



**7** Go home



**8** Repeat as recommended by your healthcare provider



## Spoiler alert

It's probably a well-woman exam every year, Pap/HPV testing every 3-5 years, unless the results come back positive when you might need to come back in a year.